**Mono County Behavioral Health (MCBH)**

**Behavioral Health Advisory Board (BHAB) Meeting**

**Monday April 14, 2025 from 3:00-4:30 pm**

In-person locations (required for BHAB members):

Mono County Civic Center
Dana Room (2nd floor – across from restrooms)
1290 Tavern Road Mammoth Lakes, CA 93546

Bridgeport Memorial Hall
73 North School Street Bridgeport, CA 93517

Hybrid Zoom Option:<https://monocounty.zoom.us/j/7609242222>
Call in: +1 669 900 6833
Meeting ID: 760 924 2222

Attendees: Stacy Corless, Jenny Weaver, Carolyn Balliet, Robin Roberts, Jesica Ramos, Marcella Rose, Krista Cooper, Dirk Addis, Stacey Powells, Michelle Saenz, Ingrid Braun, Lynda Salcido

1. Public Comment
	1. Carolyn: Getting Starbucks food leftovers for Salvation Army
2. Approval of minutes from December 9, 2024 (Action)
3. Lynda first, Carolyn second all vote yes
4. Approval of minutes from February 10, 2025 (Action)
	1. Lynda first, Carolyn second all vote yes
5. Behavioral Health Department Updates
	1. Community Programming (Jesica)
		1. Mammoth, Crowley, Lee Vining, Bridgeport, Benton, Walker
		2. Health and Safety Fairs happening – we are tabling
			1. North County Elementary Schools and Benton
		3. May MH Awareness Month – keynote speaker at Foro Latino on May 16
		4. Focusing on making socials a bit bigger
		5. Mammoth Hospital is doing psychoeducation through Elevate and we will be spreading the word!
		6. Senior social once/month in Lee Vining
	2. Staffing, Budget, and Federal Funding Update (Robin)
		1. Some folks who are leaving for various reasons and some positions we are about to fill (case mgr, BHSC, front office position); Interviews for SUD position;
		2. In the middle of the budget process and in FY 25/26 we are not anticipating any changes in staffing (removing/freezing positions)
		3. Some of our funding (Covid ARPA funding) in the federal freeze; trying to figure out what our models will be if we continue to lose federal funding; if Medi-Cal changes (changes in Medicaid) would be a major change and we are attempting to model/understand this;
		4. Hiring for positions that we already had that we need to fill; in the process of some restructure to make services more clear;
		5. Always looking at our systems and this is one of those times
		6. Lynda: what is CBHDA saying/doing?
			1. There are changes on the state level and the federal level; lots of new initiatives that the state is requiring but they are not changing their requirements even with the federal changes; supporting staff around the changes as best we can; in general people seem to be more angsty among partners
6. Robin and Michelle Saenz meet monthly to discuss how each of our systems work (Toiyabe BH and MCBH)
	* 1. Amt of funding that will go away ; worries of SUBG Prime
		2. What is CSAC doing? Can we advocate for the state to be more clear for local governments?
	1. Upcoming or recent MCBH items before the Mono County Board of Supervisors (BOS) (Amanda)
		1. 4/15: Housing Authority Meeting
			1. Overview of what will be covered
		2. Early May: Contract accepting Justice-Involved grant funds
			1. Our $770,000 grant, Sheriffs received a grant, working with the same consultants
7. Quality Improvement Discussion Topic: Mental Health Services Act Community Program Planning Process Focus Group
	1. Top MH issues:
	2. Ingrid: uncertainty of what the future holds; a lot of angst; worries about the economy; that can make people behave differently
	3. Jenny: the alcohol that people can use to numb uncertainty
	4. Stacy: There have been a lot of tragic events – officer-involved shooting (sense an impact of this); Hantavirus deaths; need for more community around this;
	5. Robin: events that are factual but if it doesn’t also talk about the emotional impact of that information; if you don’t also deal with the fact that people are worried and scared, they will continue to feel that
		1. Building community connection and finding a way to hold our community that’s worried about deportation and climate change and hantavirus
	6. Marcella: the programming that Tajia does – it’s a nice reprieve getting together
	7. Stacey: a lot of fear and paranoia around deportation
	8. Carolyn: there was an event at St. Joseph and there was no attendance at the events; did anyone ask why people didn’t go? Don’t know yet
	9. Carolyn: Asks Jenny, at the Mountain, how many people return season after season; lift operations and
		1. Big part of Jenny’s job is getting them connected to local resources
	10. Lynda: Latinx community is waiting to see, like the rest of us are; level of fear is nothing compared to the fear we feel; schools might have an idea of any families that have self-deported
	11. Marcella: some families who have gone to Mexico to check on family and weren’t let back into the states
	12. Robin: we listen to people and show up in our community around all this in a way that’s not just a downer; Is there another way that we find a way about talking regularly about taking care of yourself
	13. Carolyn: Access and functional needs registry in case of fire
	14. Robin: we all feel it and how do we get connected and not turn on each other
	15. Ingrid: deaths by suicide and overdose have not increased; get rid of Apres at Canyon on Friday and Saturday if I could; most of the drunk in public arrests are not locals
	16. Ingrid: do we want to bring back “Covid Conversations” but for present day with uncertainty
	17. Robin: the theme of connection and that we are all part of one community and moving forward
	18. Ingrid: rebuilding trust – trust was demolished after officer-involved shooting
	19. Robin: depending on what community you feel that you most belong to, various people are feeling threatened (from deportation to finances); and people who are upset because they didn’t vote for a specific outcome that’s now being implemented
	20. Housing insecurity
	21. Domestic violence is increasing
	22. Strategies to promote mental health
		1. Marcella: CA joint strategy for wildfire resiliency; 4 goals and several key actions and entities across the state are adopting this document; 3rd goal is to promote the health and wellbeing through outdoor recreation – one sub-goal is to offer MHFA to recreation folks; promote connections between recreation departments and BH; another goal is to create alternative ways to recreate – stretch during their favorite TV show;
			1. Recommend more hiking programming and if we are interested in collaborating with Marcella’s programs
		2. Lynda: ideas for what to do when you feel lousy: how would you design programming or messaging around that
		3. Robin: programming in the park
		4. Marcella: prescriptions for time outside, forest bath
		5. Jenny: guided snowshoe to the vista, guided hikes for substance-free stoke series – opportunity to collab with Marcella
		6. Robin: medical model adds things for you to do vs. things that you could do all the time; take 3 breaths
		7. Ingrid: Could do Strava community that could be open to the public
			1. Marcella’s trainer does Strava challenges and people go nuts for it
		8. Stacy Corless: dance party
		9. Jenny: June Challenge (checklist of 10-15 different activities – bingo)
		10. Marcella: economic development and recreation could be helpful in designing/doing something
8. Board Member Reports
	1. Marcella: See above for Wildfire resiliency strategy; Cody Gottfried – veteran – Amanda to send application; her Continuity of Care application was approved by insurance for mental health services; Marcella moving into Chamber of Commerce; she connected with a community member who had a lot of harm reduction supplies
	2. Stacey: A lot of people struggling and hoping that the outreach we provide really helps them
	3. Dirk: nothing to report
	4. Krista: Hantavirus webinar April 17 – also available in Spanish; Child Abuse Pv Month – flag raising ceremony; April 24 there’s also a resilience symposium; Kat Mollineaux is new senior center supervisor
	5. Jenny: call with pro skier Drew Peterson and he will be here end of May called “Feel it all” touches on ski, trail running, and mental health; free community event, will be reaching out to help coordinate – that will be around the end of the month, near closing weekend; will be doing some more movie screenings for mental health month that will be open to the public; in the running for best overall safety program and best employee safety program
	6. Stacy Corless: Mammoth Mtn Foundation continuing to work on mental health initiative but wanted to wait until there was a new ED; Hoping that person will start early May; Allison the consultant is great (Agnew Beck); Working with some partners to form a true Community Foundation that serves as a regional umbrella agency; have gotten some funding through CA jobs first; over the next year will be doing more research and work on a foundation
	7. Lynda: 95% of CA has a true community foundation; Hantavirus is really concerning – hospital is making some changes to protocols and testing parameters; Keeping an eye on funding – on a couple of committees for HHS for NACo; appreciate the community programs; BOS will be hosting a series of meetings in outlying areas; new budget officer: Stephanie Trujillo;
	8. Ingrid: nothing too exciting – do have an item at the BOS about dispatch; fire chiefs have some complaints and we really need regional dispatch; most of what Sheriffs dispatch is medical, not LE; telepsych in jail grant ended but continued the funding through general fund.
9. Future items
	1. BH-CONNECT, Justice-Involved Initiative
10. Confirm meeting schedule for 2025 and adjourn to next meeting
	1. April 14, 2025
	2. June 9, 2025; August 11, 2025; October 20, 2025 (note: 3rd Monday due to Indigenous People’s Day); December 8, 2025

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In compliance with the Americans with Disabilities Act, anyone who needs special assistance to attend this meeting can contact the Behavioral Health Department at 760-924-1740 within 48 hours prior to the meeting in order to ensure accessibility (see 42 USCS 12132, 28CFR 35.130). MONO COUNTY BEHAVIORAL HEALTH DEPARTMENT P. O. BOX 2619 MAMMOTH LAKES, CA 93546 (760) 924-1740 FAX: (760) 924-1740