



Mental Health Services Act Three-Year Plan FY 2023-2026

Mono County Behavioral Health



What is the MHSA?

Ever-Evolving

Created via ballot measure in 2004

No Place Home in 2018

Proposed MHSA Reform that will be on the next ballot

Numerous bills are proposed each year that would impact the MHSA

Highly Regulated

Annual fiscal audits

Program reviews

Information notices

Oversight from DHCS & MHSOAC

Transformational

Recovery-oriented

Culturally competent

Nothing about us without us





Community Program Planning Process



- 
- Finding Housing
 - Finding Access to Mental Health Providers
 - Drugs or Alcohol
 - Feeling a Lack of Social Support or Isolation
 - Problems with Social Media
 - Experiencing Bullying
 - Knowledge of Mental Health Issues

Top Community Needs



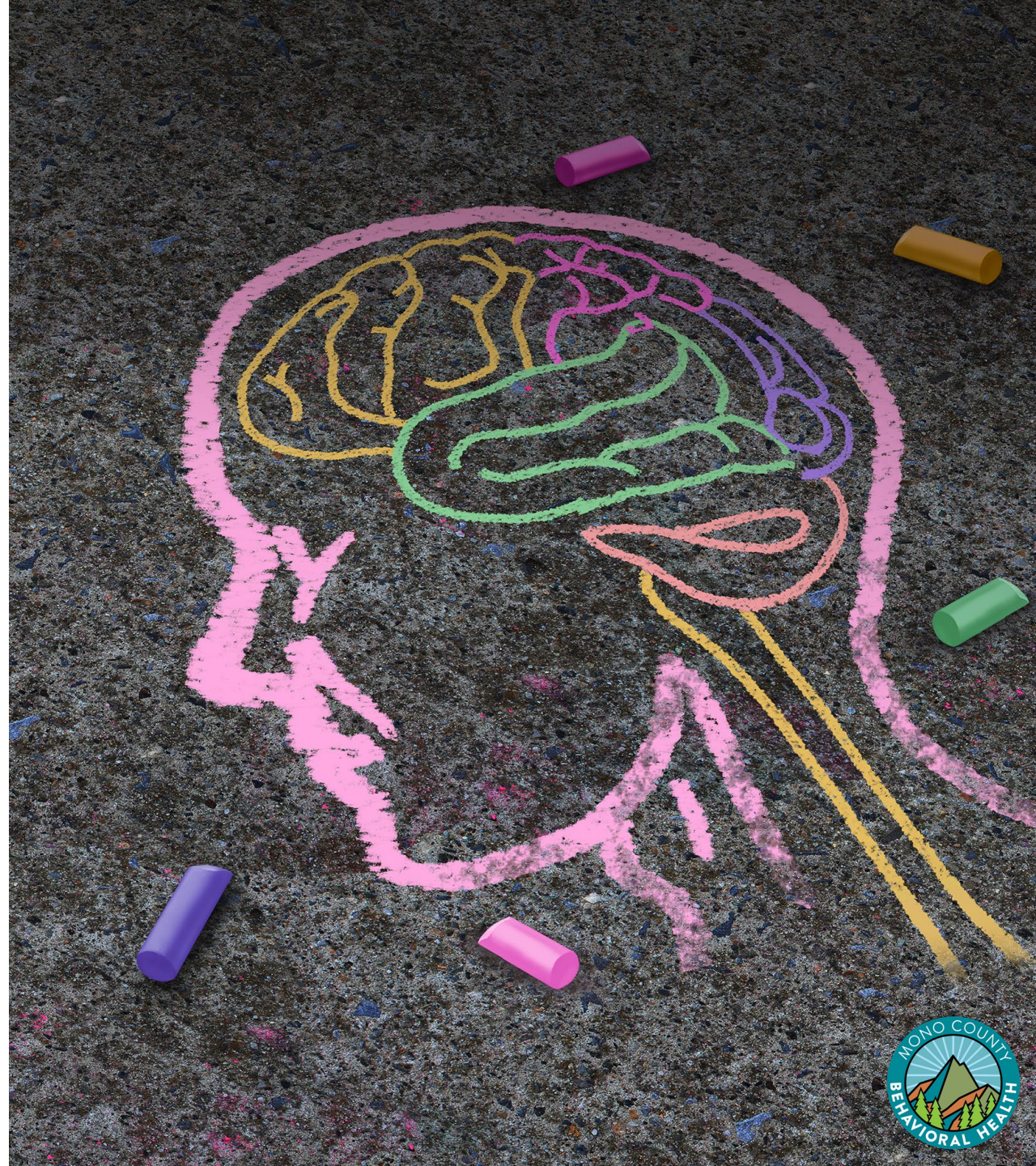


Top Strategies to Promote Mental Health



MHSA Funding Components

- Community Services & Supports (CSS)
- Prevention & Early Intervention (PEI)
- Innovation (INN)
- Workforce Education & Training (WET)
- Capital Facilities & Technological Needs (CF/TN)



CSS: Clinical



FSP Core Program



Telehealth Services



Wrap Program



Crisis Intervention & Stabilization



Case Management & Supportive Services



“

“Wraparound has given my loved one a place where they feel supported and has helped them understand and cope with their difficult family situation.”

“MCBH staff gained the respect and trust of my brother, not an easy feat, to set a safety plan in place. I cannot thank them enough for their kind and empathetic help with regard to my brother’s care and handling.”

“Behavioral Health has done me very good with the services that they have provided me and are always helping me. I’d be lost without behavioral health.”



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“Psychiatry has been helpful to do via telehealth because I can do the appointment during my lunch break. Receiving telepsychiatry services has helped my child be calmer and to sleep throughout the night. There aren't a lot of options for psychiatry in the area so having a child psychiatrist and one that is accessible via telehealth has been a positive change for our family.”

“I can only sing of praises and I am so overwhelmed by the support. MCBH has been there for me every time I ask. You guys are amazing for what you have done for me.”

“Rehab aid has helped me learn skills that have helped with my impulsivity and with my PTSD. Behavioral health is there for me when I really need them.”

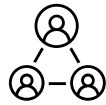


CSS: Community

Wellness Centers



Socials



Foro Latino



Mental Health Month



Permanent Supportive Housing




“

“Connection is the opposite of addiction, and I find that here.”

“Coming to groups is my safe place.”

“I love the free wellness activities. Everyone is awesome and so kind. It’s also a very mentally stable area to reflect on everything that makes this town so strong.”



- 
- North Star School-Based Services
 - Peapod Playgroups
 - Walker Senior Center
 - Community Trainings
 - Outreach in Outlying Communities
 - Community Engagement via Social Media

Prevention & Early Intervention



“

“Peapod has helped me build relationships with other moms – we share tips and experiences.”

“The yoga positions and breathing exercises MCBH staff taught us have helped us be grounded and focused even in our most difficult moments.”



Innovation: Electronic Health Record

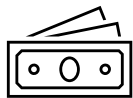
Modern Interface



Human-Centered Design



Revenue Increases



CaAIM Documentation
& Payment Reform



Data-Driven
Decision-Making





Workforce Education & Training

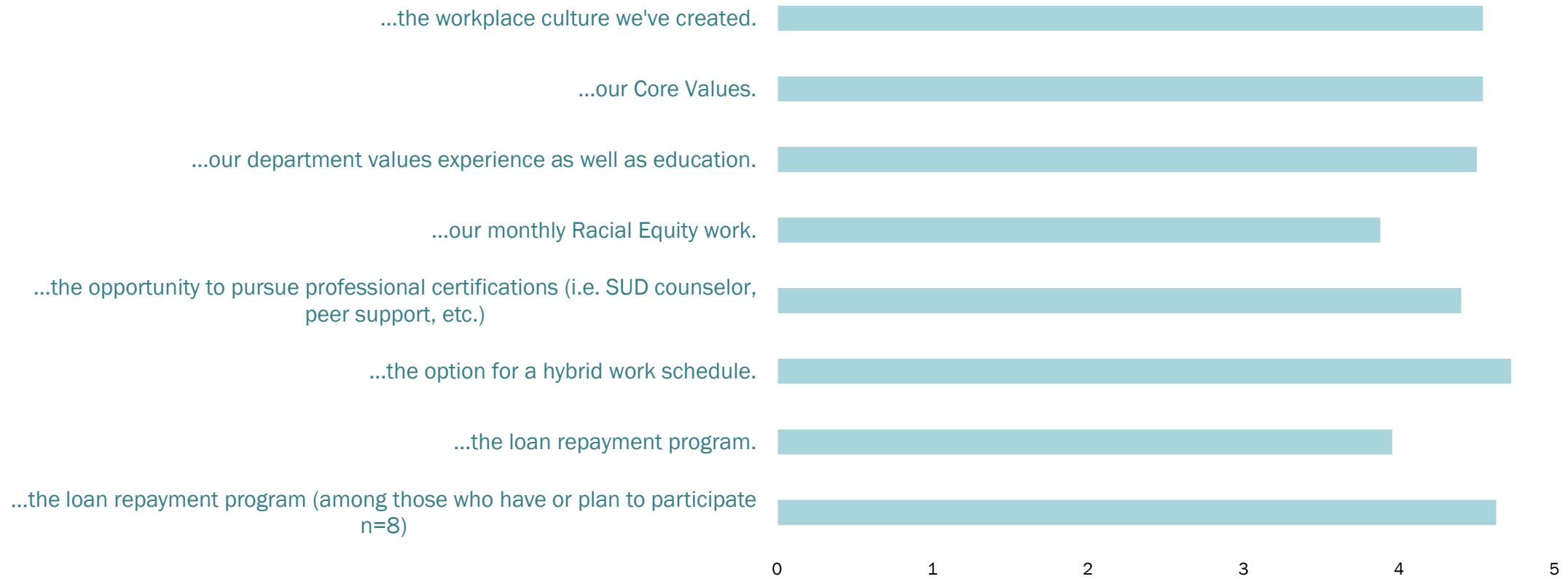




Workforce Training & Needs Assessment



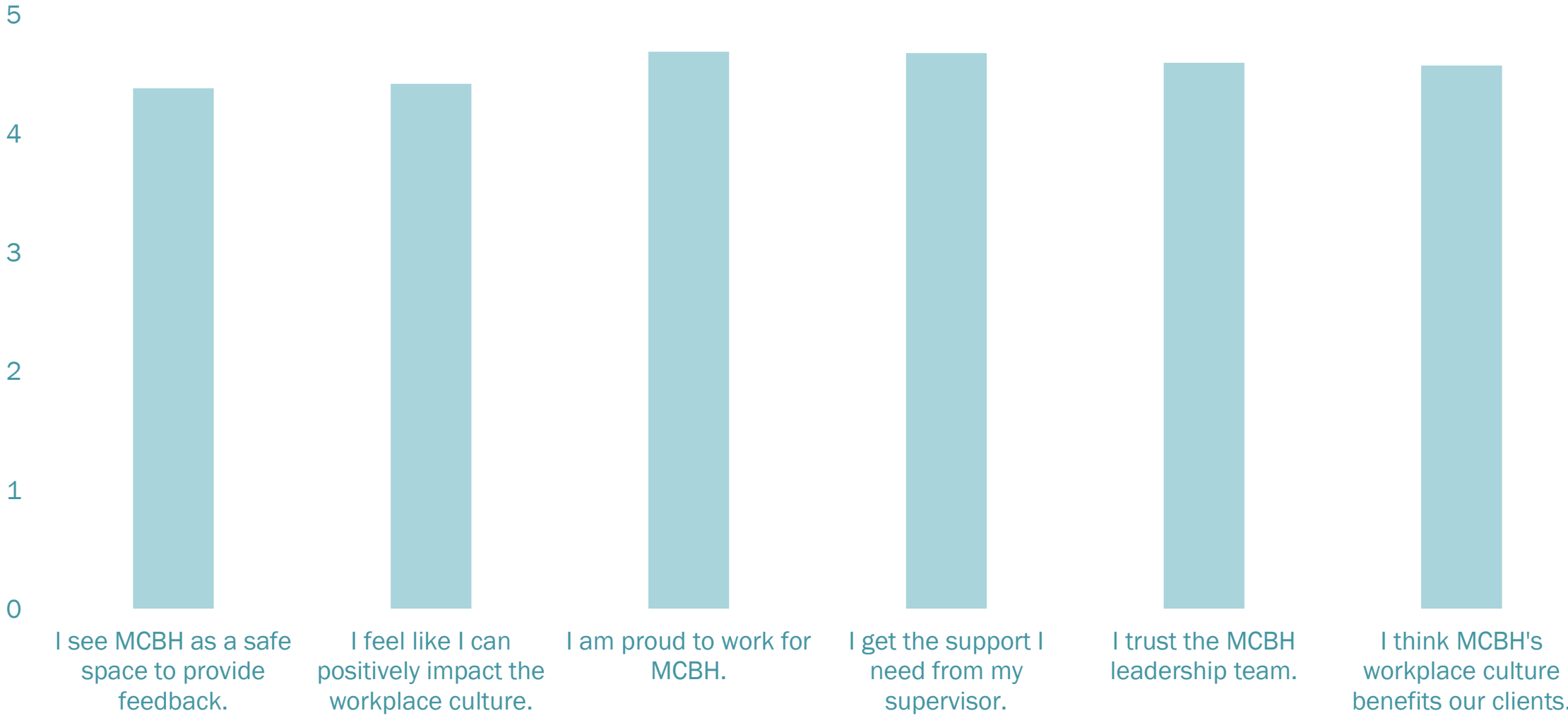
I am more likely to keep working for MCBH because of...



Average scores | n=26



Please rate the following:



Please rate the following about our trainings at MCBH:

My monthly equity continuing education helps me serve clients better.



My supervisor supports my growth and professional development.



I wish we had FEWER trainings at MCBH.



I wish we had MORE trainings at MCBH.



I am happy with the current mix of training types (i.e. some compliance, some mental health topics, some core values) that MCBH provides.



I am happy with the quality of trainings and professional development opportunities I currently get through MCBH.



In my position at MCBH, I have access to the trainings and professional development opportunities I need to grow in my job.



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Achievements in FY 22-23

Clinical

Served 23 FSP clients

Served 8 clients and family members through Wrap, hired Wrap Coordinator, hosted Wrap outreach

Responded to 55 crises

Recruitment and retention of therapists & Peer Support Certification for two unlicensed staff

Housing

Four-story building

Enrolling clients into housing voucher programs for rental subsidy

Staff joined Eastern Sierra Continuum of Care

Community

Wellness activities and outreach offered throughout the County

Activities for specific groups: Circulo de Mujeres, Foro Latino, Powwow Dance Classes with MAC, LGBTQ+ Potlucks

Mental Health Month activities

Robust Community Program Planning Process





Thank You

